

Whistler Athletes' Centre – Fact Sheet



Sport Training Legacy

The Whistler Athletes' Centre is one of the 2010 Games facilities to be operated by Whistler 2010 Sport Legacies, starting in June of 2010. The centre will cater to high performance and development sport groups looking to train in any season at any venue in the Whistler region, and will offer start-of-the-art strength and conditioning resources and accommodation options.

High Performance Centre

The High Performance Centre will be the focal point of the complex, featuring a 4,000 square foot strength and conditioning gym, a 5,000 square foot gymnastics hall, recovery and regeneration rooms, change rooms, a testing room, offices and a multi-purpose meeting/class room. The strength and conditioning gym will be operated by partner organization Canadian Sport Centre Pacific, who will offer programs for elite athletes as well as the general public. CSC Pacific will also operate a human



performance testing lab, and recovery and regeneration facility. The gymnastics hall will be operated by the Whistler Gymnastics Club, who will focus on community and access programs and will make available their gymnastics hall to external sport groups on a rental basis. The HPC will also be the new headquarters of the Whistler Adaptive Sports Program, a not for profit organization for learning, therapeutic and sports excellence for individuals of all ages and a wide variety of disabilities. The building is fully accessible, including features such as accessible washrooms/showers and an elevator to enable access to the upper floor.

Lodge and Townhome Accommodations

The Whistler Athletes' Centre will also feature a four-story Athletes' Lodge and 20 Athletes' Townhomes that will provide a total accommodation capacity of over 300 beds — ideal for accommodating both winter and summer team training camps and competition events.



Beds in the Athletes' Lodge will be rented on a nightly or weekly basis, and bedrooms in the Athletes' Townhomes will be rented on a monthly or yearly basis. A large number of both the lodge rooms and townhomes are fully accessible.

Within the lodge there will be a food services operation on the main floor, and each floor will also feature a common room for relaxing, watching TV, and holding team meetings. Internet access will be available in every lodge room.

The 20 townhomes are available in 2-bedroom and 3-bedroom configurations (12 2-bedroom and 8 3-bedroom units available). The townhomes will be fully furnished and internet access and TV will be provided in each unit. Each townhome unit will also have its own dedicated parking.

Proximity to Sport Venues and to Vancouver

Whistler Mountain

- alpine skiing, snowboarding
- 4 km

Blackcomb Mountain

- alpine skiing, snowboarding, ski/board cross course, half-pipe, summer glacier skiing
- 8km

Whistler Olympic and Paralympic Park

- cross-country skiing, biathlon, Nordic combined, ski jumping, roller skiing, trail running, mountain biking
- meeting room rentals, team building events
- 15 km

The Whistler Sliding Centre

- bobsleigh, luge, skeleton
- meeting room rentals, team building events
- 10 km

Whistler Lakes and Rivers

- paddling and rowing sports, open-water swimming, triathlon
- 1-8 km

Whistler Trails and Roads

- mountain biking, road cycling, cross-country running
- 1 km

Vancouver International Airport

- 128 km
- 3rd party bus service to/from Whistler

Reserve Now!

Whistler 2010 Sport Legacies will begin accepting team and athlete bookings for the summer of 2010 and beyond starting in October 2009.



Train, Compete, Learn, and Live
where the Memories of 2010 Olympians and Paralympians will be Born!



WHISTLER
Gymnastics

